



The Else siblings, Steph, nine, Tristan, 11, and Sam, 13, from Staintondale, all line up with their dogs in their Canix running gear

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Canix success runs in family for the Elses

BY ANDY BLOOMFIELD
andy.bloomfield@yrnntd.co.uk
Twitter: @SN_Sport

Three siblings from the Scarborough area have been impressing on the national and international stage in the sport of Canix - cross-country running with dogs.

Stephanie Else, nine, and her older brothers Tristan, 11, and Sam, 13, who live with their parents Thelma and Matt on a farm in Staintondale, have all taken

up the sport after the family saw it being demonstrated at Crufts several years ago.

The trio's mother Thelma Else is delighted with their success over the past couple of years.

She said: "Stephanie was a silver medallist at the European under-11s championships, and she was competing against older girls in that category.

"We first saw Canix as a sport when we were at Crufts a few years back and Sam, who attends Scalby School, was the first to take up the sport, com-

peting at a later Crufts and won a silver medal."

There is a strong sporting tradition in the family, as their father Matt is a long-serving player with Scarborough Rugby Union Football Club, having played for many years in the first-team.

Thelma added: "Tristan, who also goes to Scalby School, was also competing at European level and he came fifth in a field of 12 nationalities, many of his rivals being 15-years-old so he has done very well.

Stephanie, who attends

Lindhead School in Burniston, runs with her 18-month-old Labrador cross Ash.

Her mother said: "Ash was a dog we acquired from Scarborough Dog Rescue, all three of the children's dogs are rescue dogs.

"Sam's dog Beth is a four-year-old Staffordshire which we got from Ryedale Rescue, while Tristan's dog Red, who is a Lakeland terrier, is a five-year-old we also acquired from the Scarborough service. It is great to see them all running together."

